

#### Mortality of NPS across Europe

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#### Sources of information

Overdose with/without toxicology\*

- Statistical Bulletin –overdose deaths 2018 and 2019"
- http://www.emcdda.europa.eu/data/stats2019/drd
- http://www.emcdda.europa.eu/data/stats2018/drd

NPS mortality

Mortality

 "Harms and harm reduction workbooks" 2017 and 2018 edition\*\*

Complementary data (second part)

- Report on the risk assessment 2017, 2018
- <a href="http://www.emcdda.europa.eu/html.cfm/index16776">http://www.emcdda.europa.eu/html.cfm/index16776</a> EN.html

<sup>\*</sup>When data of overdose mortality (w or w/o toxicology) was not available in the Statistical Bulletin, the data was retrieved from WBs.

<sup>\*\* 2015</sup> and 2016 WBs were also reviewed but they hadn't enough data to be analyzed globally.

#### **NPS**

NPS-BZD (etiazolam, flubromazolam, deschloroetizolam diclazepam)

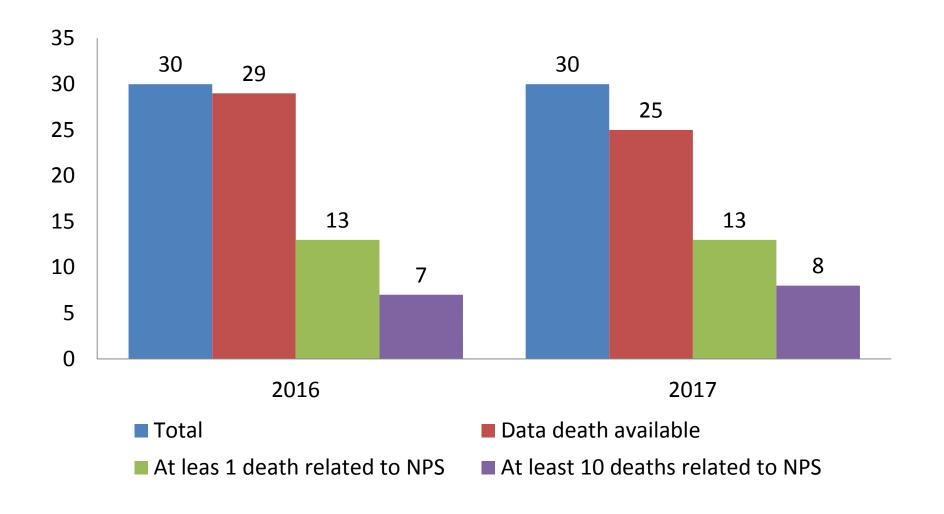
Synthetic
Cannabinoids (20)

Novel stimulants (cathinones and others) (18)

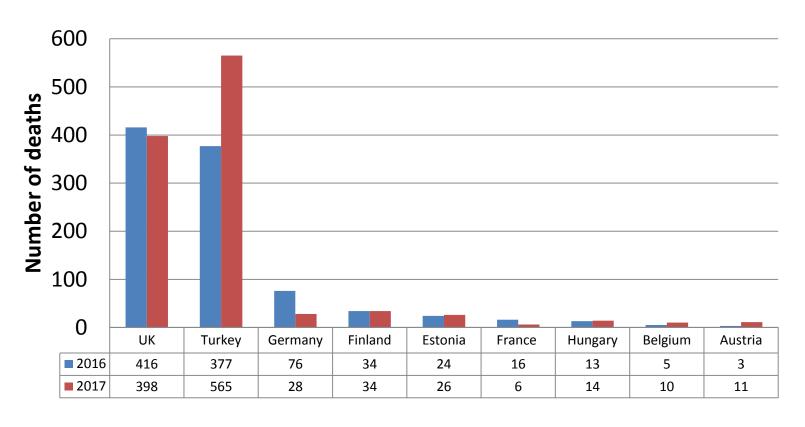
Novel opiate (U47700 and fentanyl analogues) (1+6)

Other: GHB/Ketamine/ Hallucinogens

#### **Countries data**

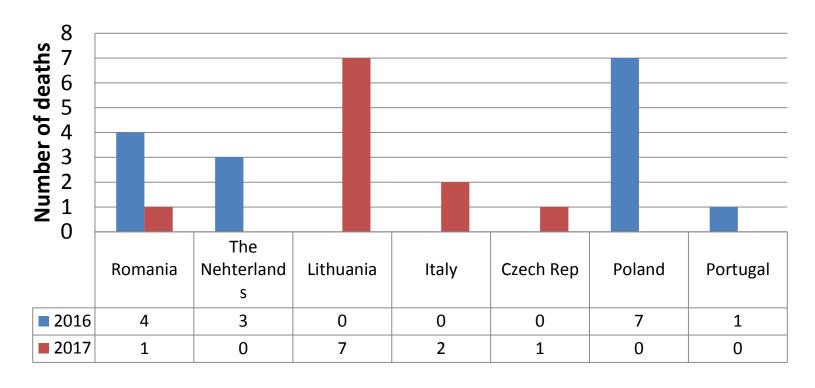


## At least 10 deaths related to NPS in 2016 or 2017



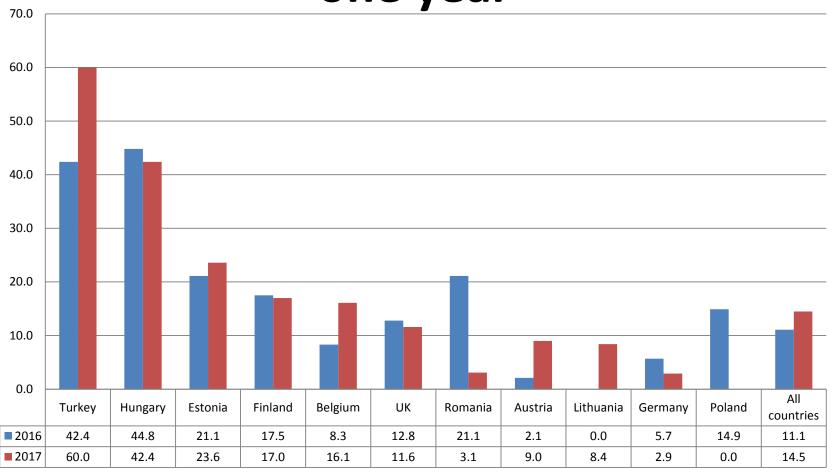
	2016	2017
Total deaths related to NPS	979	1103

## < 10 deaths related to NPS in 2016 and 2017



	2016	2017
Total deaths related to NPS	979	1103

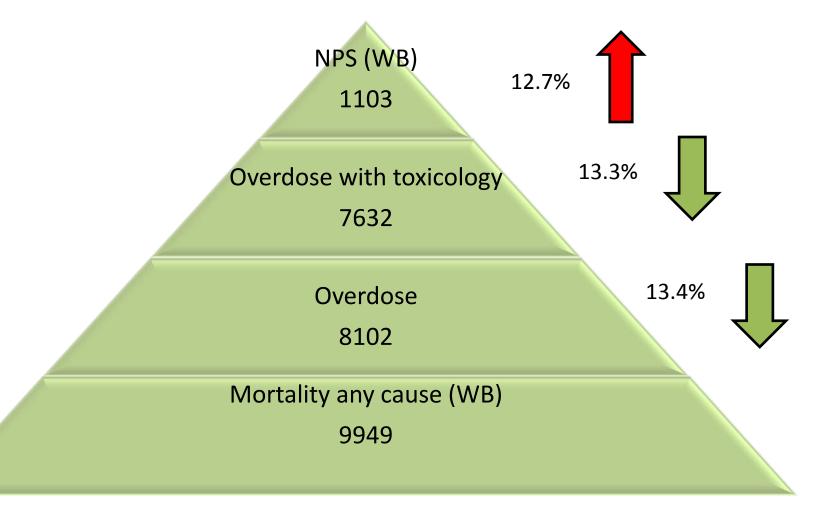
# At least 5% of NPS-related deaths/overdose with toxicology in one year



#### < 5% of deahts are related to NPS:

Czech Rep (2.4%, 2016), Italy (0.9%, 2016), Portugal (3.7%, 2016) and The Netherlands (1.3%, 2016)

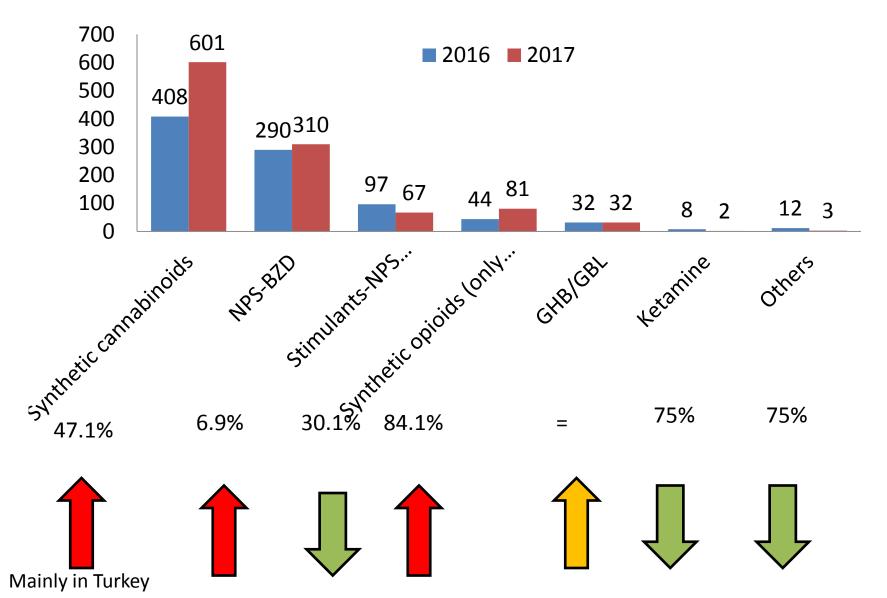
#### 2017



<sup>\*</sup>NPS-RD represented 11.1% of all overdose with toxicology in 2016 and increased up to 14.5% of all overdose in 2017



### Type of substance



Molecules reported in > 1 death	2016	2017
S-opiates	U-47700 (13) Carfentanyl (5) Carfentanyl, acrylfentanyl or furanylfentanyl in Estonia: 24	U-47700 (10) Ocfentanil (3) Carfentanyl (35)
NPS-BZD	Etizolam (225)	Etizolam (301)
Other	Ketamine (8) GHB (32)	GHB (32) Ketamine (2)
S-cannabinoids	AB-Chiminaca (2) ABD- Fubinaca (2)	5F-ADB (2)
S-stimulants	Alpha PVP ( 6) 5-APBD (2) 4MMC (18) 4-FA (2) Pentedrone (3) Ethyl-hexedrone (5)	N-ethylpentylone (2)  Alpha PVP (15)  4MMC (2)  3-MMC (2)  Ethyl-hexedrone (6)

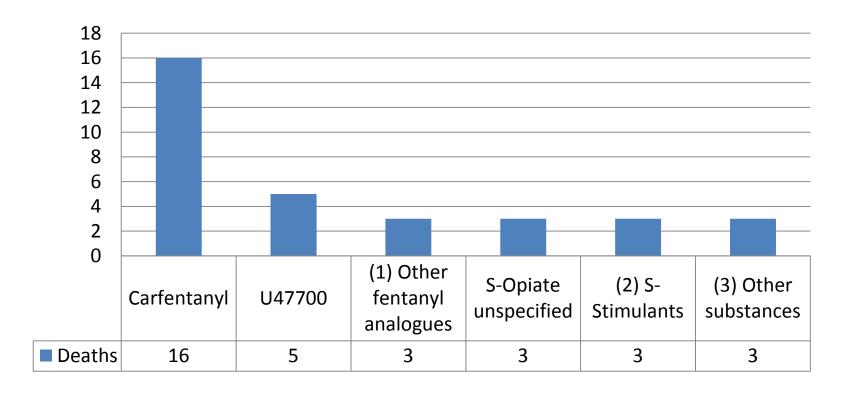
#### Alone or combined?

	20	16		20	17	
	NPS involving deaths	NPS alone deaths	%	NPS involving deaths	NPS alone deaths	%
Austria#	3	?	No data	11	5	45.5
Belgium	5	2	40	10	8	80.0
Estonia	24	No data	No data	25	10	40.0
France	16	No data	No data	6	4	66.7
Lithuania	4	No data	No data	7	6	85.7
Turkey	373	94	25.2	No data	No data	No data

In two years: 129 out of 447 DRD NPS was alone (28.9%), excluding synthetic cannabinoids 35/64 (54.7%)

In Scotland: heroin, methadone or both were implicated alongside the benzodiazepine-type NPS in 83-85% of cases, and in 27% gabapentine and/or pregabaline

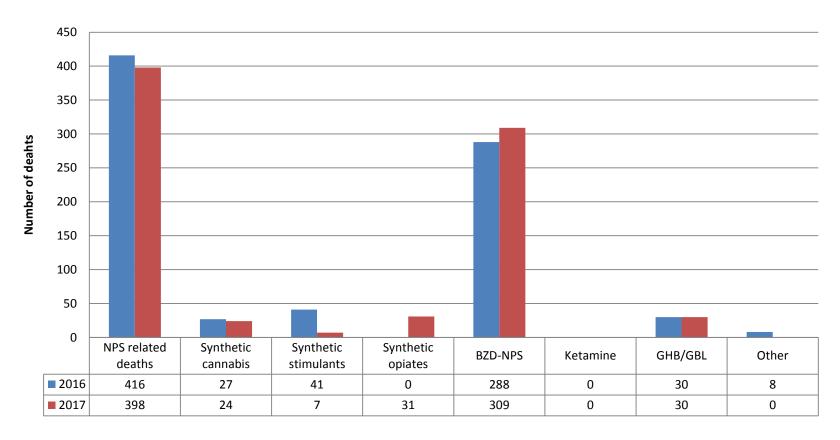
## The involved NPS in deaths without other subtances (2016 and 2017)



- (1) Acrylfentanyl (1), Alfentanil (1), Ocfentanil (1)
- (2) ethylhexedron (1), MDPV (1),  $\alpha$ -PVP (1)
- (3)methoxetamine (1), 3-MeO-PCP (1), ketamine (1)

Synthetic cannabionid unspecified (94)

#### The case of UK

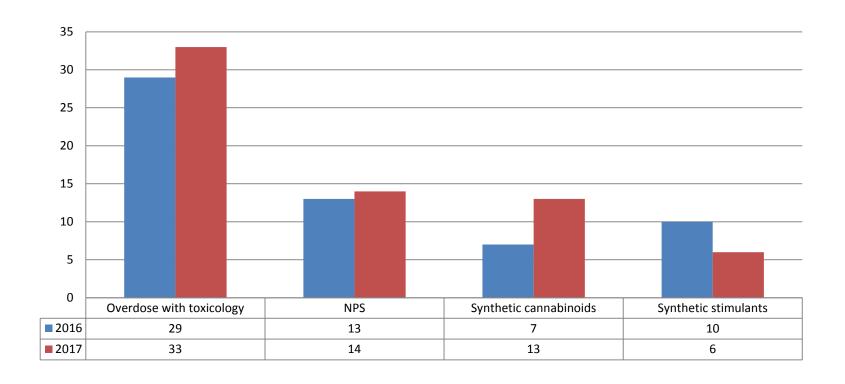


	2016	2017
Mortality	4718	4787
Overdose	3256	3429
Overdose		
with		
toxicology	3256	3429

**2016:** 12.7% of deaths (overdose with toxicology) involved at least one NPS (69.2% novel benzodiazepines)

**2017:** 11.6% of deaths (overdose with toxicology) involved at least one NPS (77.6% novel benzodiazepines)

#### The case of Hungary



**2016:** 44.8% of overdose with toxicology were related to NPS **2017:** 42.4% of overdose with toxicology were related to NPS

"The role of NPS in the cause of death could not be clearly determined due to polydrug use and the limited pharmacological knowledge."

## Report on the risk assessment 2017, 2018

http://www.emcdda.europa.eu/html.cfm/index16776EN.html

	Novel opiates	Synthetic cannabinoids
Period	Nov 2015-feb 2017	2014-2017
Countries	12 UK, Lithuania, Estonia, Sweden, Finland,, Denmark, Germany, Belgium, Norway, Finland, Belgium, Czech Republic	Germany, Sweden, Hungary, UK, Croatia, Poland
Drugs	7 Carfentanyl, (61) Acryloylfentanyl (47), Furanylfentanyl (33), THF-F (14), Methoxyacetylfentanyl (13), Cyclopropylfentanyl (78), 4F-iBF (20)	4 ADB-CHMINACA, (13) AB- CHMINACA (31), CUMYL-4CN- BINACA, (11) 5F-MDMB-PINACA (28)
Deaths	266	83
Other drug presents	233/260 (90%)	67 /83 (81%)
Cause of death or is likely to have contributed to death	161/181 (89%)	46/76 (57%)
TSS=3	166/176 (94%)	60/77 (78%)
Male	194/224 (87%)	64/72 (89%)
Median age	29-43 (mainly around 32)	Median age between 28-40 y.o.

#### Some thoughts for the discussion I

- Despite the limitations this is the first epidemiological overview to NPS deaths in Europe
- Unlikely massive under-detection of NPS involving deaths but...
- ...Likely under-reporting in workbooks (partial or no information in some WB regarding toxicology)

#### Some thoughts for the discussion II

- 2 countries (UK, Turkey) 84.3% of NPS related deaths in 2016 and 2017:
  - UK and Etiazolam: 28.7% of Europe NPS-RD
  - Turkey and synthetic cannabinoids: 45% or Europe NPS-RD
- 2 substances are the main contributors to NPS-RD in Europe during 2016 and 2017
  - Benzodiazepines NPS (28.8%)
  - Synthetic cannabinoids (48.5%)

#### Some thoughts for the discussion II

- Causality versus contribution is not clear with the available data
- As recognize some countries (e.g. Romania, Latvia, Hungary): Is the system catching all the deaths involving NPS?
- However, many countries identified properly NPS related deaths
- Although the age of death is increasing, are the younger people the most at risk of death by NPS?

#### Acknowledgments

Julian Vicente
Ana Gallegos
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